



**L.D. ARTS
COLLEGE**
(AUTONOMOUS)

MASTER OF ARTS (M. A.)

CLINICAL PSYCHOLOGY
RCI APPROVED SYLLABUS

2 YEARS PROGRAMME

www.ldarts.edu.in



UNDERSTANDING AUTONOMY:

- Autonomy is the prestigious status conferred by the UGC to reputable colleges with outstanding performance and a history of excellence. The Autonomy status grants institutions the authority to independently design and implement their academic programs and curriculum.
- At L.D. Arts College, we are proud to be recognized as an autonomous institution, conferred with the esteemed status by the UGC. This distinction signifies our commitment to academic excellence and innovation in education. As an autonomous college affiliated with Gujarat University, we hold the reins to design our own programs and curricula, ensuring that our students receive a dynamic and industry-relevant education.

WHAT AUTONOMY MEANS FOR THE STUDENTS:

01

Curricular Freedom: Autonomous colleges have the authority to craft their own programs and curriculum. This means that we can tailor our courses to meet the evolving needs of the industry, incorporate cutting-edge technology, and address societal demands.

02

Degree Affiliation: While we have the autonomy to design our curriculum, it's important to note that the college continues to be affiliated with Gujarat University, and the degree is conferred by Gujarat University, ensuring that our qualifications maintain their credibility and recognition.

03

Industry-Relevant Education: With the freedom to decide our curriculum, we prioritize staying abreast of industry trends, integrating state-of-the-art technology, and incorporating timely updates. This ensures that our courses remain relevant and aligned with the demands of the modern workforce.

04

Flexibility and Adaptability: As an Autonomous college, we have the flexibility to update our courses as needed, ensuring that our students are equipped with the most up-to-date knowledge and skills. This means that you won't be learning outdated concepts but rather staying ahead of the curve in your field of study.

MASTER OF ARTS (M.A.) CLINICAL PSYCHOLOGY

The increasing prevalence of mental health issues, stress-related disorders, and psychosocial challenges has created a strong demand for trained clinical psychology professionals. It also addresses the growing need for mental health services in hospitals, schools, communities, and rehabilitation settings. By emphasizing early intervention, prevention, and holistic care, the programme contributes to improving overall quality of life and promoting well-being in society. This programme is needed to develop skilled practitioners who can effectively assess, diagnose, and treat psychological disorders using scientific and evidence-based approaches.

PROGRAM LEARNING OBJECTIVES



Diagnosis and Assessment: Assess and diagnose mental health problems using standardized tools.

Conceptualization: Conceptualize psychological issues across the lifespan and implement appropriate interventions.



Application of Techniques: Apply psychological principles and therapeutic techniques in rehabilitation.

Psychosocial Care: Address psychosocial aspects of physical illnesses through targeted interventions.



Community Engagement: Promote mental health and well-being at the community level.

Research Skills: Conduct research in clinical psychology and related areas.



Teaching and Training: Undertake teaching and training responsibilities.

Professional Expertise: Provide professional and forensic expertise, including legal testimony.



PROGRAM LEARNING OUTCOMES

Clinical Assessment and Diagnosis: Assess and diagnose mental health conditions using standardized tools.

Case Conceptualization and Intervention Planning: Conceptualize psychological issues and plan appropriate interventions.

Application of Therapeutic Techniques: Apply psychological principles and therapeutic techniques in practice.

Psychosocial Care and Health Integration: Address psychosocial aspects of physical illness through interventions.

Community Mental Health Engagement: Promote mental health and well-being at the community level.

Research Competency: Conduct and report research in clinical psychology.

Teaching and Training Skills: Undertake teaching and training responsibilities effectively.

Professional and Forensic Practice: Provide professional and forensic psychological services ethically.

Ethical and Professional Standards: Adhere to ethical and professional standards in practice.

CAREER PROSPECTUS

Trainees of this programme have diverse and rewarding career opportunities across healthcare, education, research, and legal domains.

Some of the key career avenues include:

- **Clinical Psychologist** in hospitals, mental health clinics, and rehabilitation centres|
- **Counsellor/Therapist** in schools, colleges, NGOs, and private practice
- **Rehabilitation Centres Specialist** working with individuals with disabilities
- **Health Psychologist** in medical settings addressing psychosomatic conditions,
- **Researcher/Academic** in universities and research institutions,
- **Forensic Psychology Expert** assisting in legal and judicial systems
- **Mental Health Consultant** in corporate and community sectors
- **Programme Coordinator/Administrator** in mental health organizations

JOIN US TODAY

Join us today and take the next step into the dynamic field of human behavior and mental well-being. At L.D. Arts College (Autonomous), our M.A. in Clinical Psychology combines advanced academic learning with practical application, equipping you for impactful careers in mental health, counseling, organizations, research, and beyond. Elevate your expertise—pursue applied psychology and make a meaningful difference.



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