



**L.D. ARTS
COLLEGE**
(AUTONOMOUS)



DIPLOMA IN CLINICAL PSYCHOLOGY

1 YEAR PROGRAMME

www.ldarts.edu.in

UNDERSTANDING AUTONOMY:

- Autonomy is the prestigious status conferred by the UGC to reputable colleges with outstanding performance and a history of excellence. The Autonomy status grants institutions the authority to independently design and implement their academic programs and curriculum.
- At L.D. Arts College, we are proud to be recognized as an autonomous institution, conferred with the esteemed status by the UGC. This distinction signifies our commitment to academic excellence and innovation in education. As an autonomous college affiliated with Gujarat University, we hold the reins to design our own programs and curricula, ensuring that our students receive a dynamic and industry-relevant education.

WHAT AUTONOMY MEANS FOR THE STUDENTS:

01

Curricular Freedom: Autonomous colleges have the authority to craft their own programs and curriculum. This means that we can tailor our courses to meet the evolving needs of the industry, incorporate cutting-edge technology, and address societal demands.

02

Degree Affiliation: While we have the autonomy to design our curriculum, it's important to note that the college continues to be affiliated with Gujarat University, and the degree is conferred by Gujarat University, ensuring that our qualifications maintain their credibility and recognition.

03

Industry-Relevant Education: With the freedom to decide our curriculum, we prioritize staying abreast of industry trends, integrating state-of-the-art technology, and incorporating timely updates. This ensures that our courses remain relevant and aligned with the demands of the modern workforce.

04

Flexibility and Adaptability: As an Autonomous college, we have the flexibility to update our courses as needed, ensuring that our students are equipped with the most up-to-date knowledge and skills. This means that you won't be learning outdated concepts but rather staying ahead of the curve in your field of study.

DIPLOMA IN CLINICAL PSYCHOLOGY

To provide high-quality foundational knowledge of key areas such as experimental psychology, research methods, emotions, child development, psychopathology, and health psychology. This diploma programme is structured in accordance with contemporary academic frameworks and is aligned with the principles of outcome-based education. It emphasizes experiential learning through case studies, fieldwork, and supervised training, enabling learners to develop professional competence and ethical sensitivity required in clinical settings.

PROGRAM LEARNING OBJECTIVES



Foundational Knowledge in Psychology: Develop a strong understanding of core areas including experimental psychology, research methods, emotions, child development, psychopathology, and health psychology.

Professional Skills and Application:

Build competencies in psychological assessment, basic clinical skills, and application of research methods in practical and clinical settings.



Career Readiness and Higher Education:

Prepare learners for entry-level roles in clinical and counseling settings and for pursuing advanced studies in psychology.

Ethical and Social Responsibility:

Foster ethical awareness, professional responsibility, and sensitivity towards diverse mental health issues.



Scientific and Critical Thinking:

Enhance analytical skills, scientific thinking, and evidence-based practice through research and experimentation

PROGRAM LEARNING OUTCOMES

Psychological Knowledge: Demonstrate understanding of key areas of psychology including experimental, research, developmental, clinical, emotional, and health domains.

Research Skills: Apply basic research methods, tools, and statistical techniques to conduct and interpret psychological research and studies.

Experimental Competence: Design, conduct, and report psychological experiments, demonstrating practical understanding of experimental procedures and data interpretation

Understanding Emotions: Analyze emotional processes and their impact on behavior and mental health.

Developmental Understanding: Explain principles of child development and identify normal and atypical patterns.

Clinical Understanding: Recognize symptoms and basic classifications of psychological disorders.

Health and Well-being: Understand psychological factors affecting health and promote well-being.

Assessment and Basic Intervention skills: Demonstrate basic skills in psychological assessment and case study preparation.

Ethical & Professional Practice: Follow ethical principles and professional standards in practice.

Communication Skills: Communicate psychological concepts effectively in written and oral forms.

Critical Thinking: Apply analytical thinking to evaluate theories, research, and cases.

Lifelong Learning: Engage in continuous learning and professional development in the field of psychology.

CAREER PROSPECTUS

Learners of this programme can pursue entry-level roles in clinical, counseling, and mental health settings such as case assistants, counselors, and support staff in hospitals, rehabilitation centers, NGOs, and schools. The programme also prepares learners for higher studies in psychology (M.A./M.Sc., Clinical/Counseling Psychology) and related fields. Additionally, it opens pathways in research assistance, social services, and community mental health work.

Here are some of the opportunities awaiting you:

Counselor & Psychologist in various setting like School, Industry, Hospitals, and Rehabilitation Centers etc.
| **Psychotherapist** | **Mental Health Professionals** | **Media** | **Personnel Administration** | **Human Resource Specialist** | **Social Worker** | **Market Researcher** | **Child /Youth Guidance Center**

JOIN US TODAY

Join us today and take the next step into the dynamic field of human behavior and mental well-being. At L.D. Arts College (Autonomous), our Diploma in Clinical Psychology combines advanced academic learning with practical application, equipping you for impactful careers in mental health, counseling, organizations, research, and beyond. Elevate your expertise—pursue applied psychology and make a meaningful difference.



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